



## COHEN CHATTER

By Mike Cohen

# N.D.G.'s Spa with a difference

There aren't too many places I have ever heard of which can offer you top quality personalized service in esthetics, slick African clothing and more than 100 pieces of authentic African art to choose from all under one roof. This is what makes **Lisa Anella's Spa En Ville** at 5674 Monkland avenue in N.D.G. so unique.

Business is booming for Ms Anella, a certified esthetician who looks far younger than her 44 years.

A native of Jamaica, she moved to Leeds, England, at the age of 15 with her family. It wasn't long before she realized what vocation interested her and she travelled to Milan, Italy, for comprehensive training in esthetics. In 1973 she received her full certification and eventually found her way to Montreal.

It was a slow rise up the ladder to reach the point she is at now, opening up her first salon in Westmount. Three years ago she relocated to N.D.G. and everything clicked. So much so that beginning next week she will expand her operating hours to six days, opening the doors on Mondays.

"There are just too many appointments and not enough time slots to fit them in," she confided to Cohen Chatter.

In addition to the multitude of services she provides, (facial treatments, biological lifting, acne treatment, reflexology, Electrical Muscular Stimulation (EMS), body wraps, bust treatment, hair and scalp cleaning, sun tanning), Spa En Ville just seems to be broadening its horizons.

First there was the African dresses. Customers kept asking Lisa about the clothes she wore so one day she got the idea of putting some of the duds on display. It was a hit. Customers started buying them. Now she's busy making samples to keep up with the demand. Then we come to the African art.

Lisa's hubby of 10 years, **Zachary Issa**, is an importer of African art. He is in Africa right now looking for new pieces, while taking a gander at material for dresses at the same time. His art adorns the Monkland avenue salon and, in a short time, Spa En Ville will be presenting a special art show not to be missed.

While most of Lisa's clients are women, there has been a noticeable increase of late from the male gender. Besides those who buy gift certificates for their wives or favorite gals, a number of guys have become keen on facials.

"Men have finally come to the realization that they too have sensitive skin," she notes. "Mens skin can even be more irritable than women's because they shave."

A former model, Lisa says the most popular of her treatments is the EMS, which firms and tones the muscles and tissues, stimulating circulation. If any of this has peaked your interest, give Lisa a call at 484-9067 or just stop by. There's a whole line of facial products to choose from as well.

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Gail Guilding, left, Zachary Issa and Lisa Anella take a break at N.D.G.'s Spa En Ville.